

23rd Annual Premier Women's Healthcare Conference Preliminary Schedule

Schedule as of 6/23/2020. Check back frequently for updates.

Pre-Conference – Thursday, October 15, 2020

8:00am – 12:00pm

Genetic Testing and Screening – Putting it All Together - Who to test, When to test and What to test
Rachel Gorham-Fidino, MSN, WHNP, AGN-BC, DNP-S

This workshop will provide a general overview of the role the nurse practitioner with regard to risk assessment, screening and testing, and when to refer. The field of genetic testing and screening has expanded in recent years. As we learn more about the role our genetic make-up plays in many disease processes it is important to know and provide our patients with updated, evidence-based information.

1:00pm – 5:00pm

Caring for the LGBTQ Population
Shawana S. Moore, DNP, MSN, CRNP, WHNP-BC

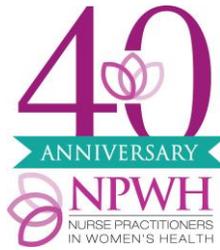
The purpose of this pre conference workshop is to provide participants with up to date information on caring for the LGBTQ population. This pre conference workshop will focus on the proper terminology, creating inclusive practice environments, screenings, proper billing and coding, pharmacotherapy considerations, follow-up and management plans for the LGBTQ population.

5:30pm – 6:45pm

Dedicated Exhibit Hours

6:00pm - 8:00pm

Product Theater



Day 1 – Friday, October 16, 2020

8:00am – 12:10pm

Exhibit Hall Hours

9:00am – 9:30am

Welcome Meeting

9:30am – 10:15am

KEYNOTE ADDRESS: TBD

10:20am – 11:10am

I'm Cured! Now What? (GYN Oncology)

Guy Jones, MD

This presentation will cover surveillance exams, imaging and labs as well as long term health implications from the treatment of common gynecological malignancies.

11:15am – 12:05pm

Personalized Cervical Cancer Prevention: The Next Generation of Abnormal Result Management via the 2019 ASCCP Consensus Guidelines

Kim Choma, DNP, WHNP-BC

Aimee Chism Holland, DNP, WHNP-BC, FNP-C, FAANP

A review of the 2019 ASCCP risk-based management consensus guidelines for abnormal cervical cancer screening tests and cancer precursors with the use of technology to gauge a woman's personal risk of CIN3+.

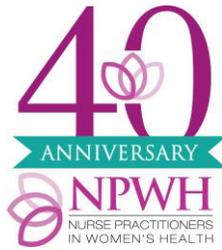
12:10pm – 1:10pm

Dedicated Exhibit Hour/ Posters

2:20pm – 3:10pm

STI's – Review of the CDC updated Treatment Guidelines

Gail Bolan



3:50pm – 4:40pm

The Heart of the Matter: Preeclampsia and the Effects on the Cardiovascular System

Karen L. Florio, MD

This session will describe the physiologic changes in pregnancy as it relates to the cardiovascular system, discuss diagnosis and quick management of Preeclampsia, discuss preventative therapies and risk modification for future heart disease as a result of Preeclampsia.

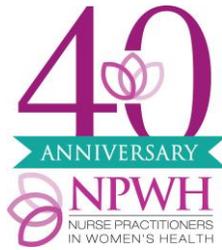
4:45pm – 5:35pm

Creating a Circle of Hope: Have We Made Progress in Supporting Women to Prevent Substance Exposures During Pregnancy?

Marilyn Pierce-Bolger, MN, FNP-BC, CNM, APRN

Kathleen Tavenner Mitchell, MHS, LCADC

Current prevalence estimates indicate that up to 1 in 20 children in the U.S. may have FASD (Fetal Alcohol Spectrum Disorder) which is a range of preventable lifelong disabilities that can present as attention, learning, social, and behavioral challenges. Current data for women drinking during pregnancy is concerning (recent patterns have shifted from 1 in 10 to 1 in 9 women continuing to drink -CDC) and mixed messages in the media, from 'influencers' & friends/family members, *and from health professionals* combine to increase the risk. Marilyn and co-presenter, Kathy Mitchell (founder & National Spokesperson for National Organization on Fetal Alcohol Syndrome (NOFAS) and founder of the Circle of Hope mentoring program) will explore the factors that influence alcohol use in our culture, stigma related to women who may be consuming alcohol & substances (especially during pregnancy), and how effective strategies can support women and reduce alcohol-exposed pregnancies.



Day 2 – Saturday October 17, 2020

*Each breakout session between 8:00am and 5:30pm is worth **1.25 CEs**. Any pharmacology credits are noted with each particular session. You may choose one session for each time period.*

8:00am to 12:15pm

Exhibit Hall Hours

8:00am – 9:15am

A. Lactation Support For families

Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC, FAANP

This presentation will cover the lactation support for diverse family units including transgender and non-binary parents and adoptive and non-gestational birth parent.

B. When Their Bladder Controls Their Life: Understanding Voiding Dysfunction for Office GYN Care

Jenna Lewis-Perkins, MSN, WHNP-BC

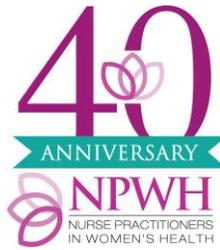
Sandi Tenfelde PhD, RN, APN

Many women struggle with urinary complaints. The broad umbrella of voiding dysfunction includes overactive bladder, urinary retention and urinary incontinence. Primary care gynecology providers are experts in female anatomy however often lack skill in urological care. This presentation will provide the primary care women's health clinician with strategies to assess pelvic floor health, urinary function, and other factors that contribute to voiding dysfunction. Evidence-based treatment modalities, including lifestyle modifications and pharmacologic interventions, will be presented.

C. Caring for Women on Adjuvant Endocrine Therapy: The Role of The NP

Rachel Gorham-Fidino, MSN, WHNP, AGN-BC, DNP-S

Understand the indications for endocrine therapy in patterns with breast cancer. The presentation will discuss mechanism of action, side effects, and use.



D. Women's Preventative Services Initiative- What WHNPs Need to Know to Provide the Best preventative Care

Sue Kendig, JD, WHNP-BC, FAANP

Sandi Tenfelde, PhD, APRN, WHNP-BC

Updates from the Women's Preventative Services Initiative (WPSI) will help guide clinicians to providing the best evidence based preventative health care for women of all ages. This presentation will introduce new guidelines to assist primary care providers for optimal practice in women's health and identify resources for patients to help them participate in their preventative health care.

E. It's Time to Free the Pill!

Britt Wahlin, Master of Humanities

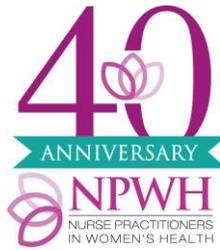
The Free the Pill campaign aims to educate and engage the public in support of an over-the-counter (OTC) oral contraceptive (OC) option in the United States, and supports an OTC pill that is affordable, covered by insurance, and available to people of all ages without a prescription. The OCs OTC Working Group, the coalition behind the campaign, has engaged in a partnership with a pharmaceutical company to submit an OTC application to the FDA for a progestin-only pill. For this workshop session, we will present the case for moving OCs OTC as a way to expand contraceptive access, and will provide medical, youth, and policy perspectives on how to ensure that an OTC OC is available and accessible to all.

9:25am – 10:40am

F. Accelerate Racial Equity in Women's Health

Kelly McKay-Gist, MSW, LCSW

This presentation will introduce EleVATE model of prenatal care, community collaboration as a path to racial equity and strategies to dismantle systemic and institutional racism within prenatal care. The goal of the collaborative work is to: 1) reduce inequitable adverse pregnancy outcomes, 2) provide intensive trainings for health care teams to support patients who are experiencing trauma, depression and psychosocial stress as result of racism, and 3) broaden the culture of medical practice by elevating and integrating perspectives from communities and healthcare institutions to develop innovative solutions, practices and new approaches to eliminate racial inequities in care delivery while increasing shared accountability to promote direct practice changes.



G. Diagnosis and Management of Abnormal Uterine Bleeding: Too much, too little, too soon, too late

Anita Nelson, MD

Abnormal uterine bleeding often reflects underlying pathology and warrants efficient evaluation and treatment to improve the woman's health and her quality of life. The primary focus of the presentation will be on medical management and pharmacologic treatment.

H. Overview of Current Antiviral and Antiretroviral Therapies

Maithe Enriguez, PhD, APRN, FAAN

This presentation will discuss clinical presentation/symptoms and diagnostic criteria together with an overview of the prevention/treatment of selected viral infections in adults (i.e. influenza, hepatitis A, B and C, HPV, herpes simplex, herpes zoster, HIV, SARS-CoV-2).

I. Is Your Make-up Making You Sick? ...and Other Important Environmental Questions for You and Your Patients

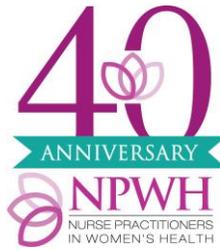
Alexa Colgrove Curtis PhD, MPH, FNP

This presentation will review the risk of potentially toxic environmental exposures in the home, workplace and community. Assessment tools and evidence-based strategies for anticipatory guidance to mitigate health risks appropriate for practice in women's health care will be presented. The essential role of the nurse practitioner as an advocate for healthy environments will be explored.

J. Caring for Diverse Populations: The Importance of Recognition and Mitigation of Implicit Bias

Diana Drake, DNP, APRN, WHNP, FAAN
Shawana Moore, DNP, MSN, CRNP, WHNP-BC

The purpose of this presentation is to discuss the importance of recognizing and mitigating implicit bias in clinical practice and nursing organizations.



10:50am – 12:05pm

K. Postpartum Depression Screening: Assessing Shades of Maternal Sadness

Marcia Clevesy, DNP, WHNP-BC

This session will present an overview of maternal depression including consequences associated among women, their infants, and families in the postpartum period. The discussion will include the recommended use of validated postpartum depression (PPD) screening tools including establishment of standardized PPD screening, interventions, and follow-up referral systems in the clinical setting.

L. Vulvovaginal Dermatology

Hope Haefner, MD

An overview of vulvovaginal conditions will be presented, with a focus on diagnosis and treatment for these conditions.

M. Marijuana and the Effect on Women's Health: Focus on Pregnancy and Breastfeeding

Laura Borgelt, PharmD, MBA, FCCP, BCPS

An estimated 7% of women are using cannabis during pregnancy. Although women may use it for medical reasons such as nausea or vomiting in pregnancy, the prevalence of non-medical use is higher. Additionally, employees in cannabis dispensaries are recommending cannabis to these women. Many women and healthcare professionals are unaware of the potential risks to the fetus and mother. In this session, we will discuss the effects of cannabis on the endocannabinoid system and fetal development, review studies that have evaluated use of cannabis in pregnancy, and describe counseling opportunities and challenges regarding cannabis use in pregnancy and lactation. Overall, healthcare professionals need to be informed of available data to communicate effectively with patients who may be using or considering use of cannabis during pregnancy and lactation.

N. Cardiac Disease in Pregnancy: Caring for the Congenital Pregnant Patient

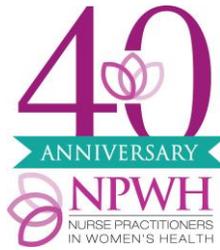
Karen L. Florio, MD

Describe the physiologic changes in pregnancy as it relates to the cardiovascular system, discuss diagnosis and quick management of Preeclampsia, discuss preventative therapies and risk modification for future heart disease as a result Preeclampsia.

O. Innovation and Entrepreneurship for the Women's Health Nurse Practitioner

Heather Quaile, DNP, WHNP-BC, SANE

A small but growing percentage of nurse practitioners are reclaiming their right to clinical, independent practice. Nurse practitioner entrepreneurs are providing research confirmed quality and effective care and establishing a public image as patient advocates, counselors and educators in addition to efficient



and independent clinicians. This presentation will discuss the role of the nurse entrepreneur and how to start your own practice and work through some of the obstacles of being a business owner.

12:10pm -1:20pm

Dedicated Exhibit Hour

1:25pm – 2:40pm

P. Advanced Concepts for Advanced Practice: Providing Compassion-First, Evidence-Based Care after Perinatal Loss

Marianne Hutti, PhD, WHNP-BC, FAANP, FAAN

This session will provide participants with advanced concepts in perinatal bereavement care. Through the lens of a theoretical framework for understanding parents' perceptions of the loss and for guiding interventions, participants will examine the controversial diagnosis of complicated grief related to perinatal loss, examine compassion-first, evidence-based ways to give bad news to parents regarding their loss, and will go beyond a "cookbook" approach in understanding how to use knowledge about cultural differences to provide compassionate, individualized care to all people after perinatal loss.

Q. What's in the Contraceptive Pipeline for Women?

Anita Nelson, MD

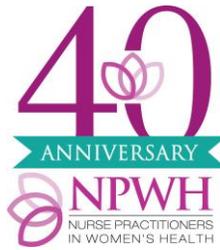
There have been many new contraceptive methods introduced in the last several years, but the unintended pregnancy rate remains high. This certainly reflects women's ambivalence and indifference to controlling their fertility but may also reflect the need for more options. This talk will review what is in the pipeline now.

R. PCOS: Climbing the Mountain of Collaborative Care

Julie Caldwell, DNP, FNP-BC

Jordan Vaughn, MSN, WHNP-BC

This presentation will review the incidence, symptoms, diagnosis, management, and potential health consequences of polycystic ovary syndrome. Additional focus will be on reproductive sequelae and treatment strategies.



S. Clinical Topics

Introducing the Sperm to the Egg: Working up Male Infertility

Randee Masciloa, DNP, APRN, WHNP-BC
Justin Waryold, DNP, RN, ANP-C, ACNP-BC

Beyond the Checklist: A Framework for Trauma Informed Care

Terri Platt, DNP, RN, WHNP-BC, NCMF
Leigh Minchew, DNP, RN, WHNP-BC, PMHNP-BC
Candice Selwyn, PhD

T. Virtual Care for Women: Best Practices for Telemedicine

Sarah Rhoads, PhD, DNP, WHNP-BC, FAAN

Many health care practices and providers quickly implemented telemedicine as an alternative for in person visits during the Covid-19 pandemic. Not all of these types of visits are satisfying for the woman and/or the provider. This presentation will provide steps to ensure the provider and patient have an engaging and satisfying visit using technology.

2:50pm – 4:05pm

U. AIM/ MMRC and the role of WHNP

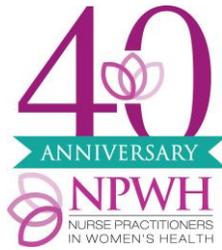
Jennifer Hawn, WHNP-BC
Sue Kendig, JD, WHNP-BC, FAANP

This presentation will focus on the specific role of the WHNP in the Maternal Mortality Review Committee. We will walk through the review process, review data obtained from MMRC and discuss how that data is used to drive change.

V. Hitting Below the Belt: The Quagmire of Pelvic Pain Assessment and Treatment

Jenna Lewis-Perkins, MSN, WHNP-BC
Sandi Tenfelde PhD, RN, APN

Pelvic pain is a very common complaint for women presenting for GYN care. Many clinicians feel inadequate to assess and treat this complex condition. This presentation will discuss the prevalence of pelvic pain, review history questions to help create the differential diagnoses, provide clinical pearls to help perfect the pelvic exam for a woman in pain and identify evidence- based office management and referral processes. In addition, professional resources for support and continued learning for clinicians caring for women with pelvic pain will be provided.



W. Pills, Patches, and Rings: Taking a Fresh Look at Some Old Methods

Melanie Deal, MS, WHNP-BC, FNP-BC

This presentation will review current usage trends, key clinical issues/updates; key management issues for pills, patches, and contraceptive rings.

X. Acneiform Skin Eruptions

Margaret Bobonich, DNP, FNP-C, DCNP, FAANP

Many skin conditions present as acne-like eruptions and can have a significant impact on the quality of life for women. Some of these diseases can signal underlying or concomitant systemic diseases. The key to optimal health outcomes are an accurate diagnosis and updates on therapeutics of skin conditions in women. We will discuss acne, rosacea, perioral dermatitis and hidradenitis suppurativa.

Y. Podium Presentations

Adult Women's (27-45 years) Perceptions of HPV Vaccination

Holly B. Fontenot, PhD, RN, WHNP-BC, FAAN

Associate Professor & Frances A. Matsuda Chair in Women's Health
University of Hawaii at Manoa; School of Nursing and Dental Hygiene
Honolulu, Hawaii

Annie-Laurie McRee, DrPH

Associate Professor
University of Minnesota
Minneapolis, Minnesota

Kate McNair, PhD(c), RN, WHNP-BC

Boston College W.F. Connell School of Nursing/ PhD Candidate
Chestnut Hill, Massachusetts

Substance Use among Women: The Importance of Standardized Screening

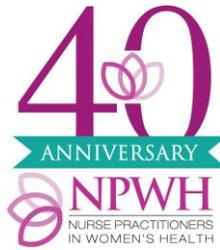
Danielle Grimm, MPH, MSN, WHNP-BC

Clinical Manager
Ob/Gyn Department
The Dimock Center
Roxbury, Massachusetts

"Just because you have ears doesn't mean you can hear"- Perceived Discrimination during Childbirth & Influence on Patient-Provider Communication

Naissa Piverger, MPH

Clinical Research Coordinator



Icahn School of Medicine at Mount Sinai
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Professor of Population Health Science & Policy
Professor of Obstetrics, Gynecology, and Reproductive Science
Director, Blavatnik Family Women's Health Research Institute
System Vice Chair for Research, Dept. of Obstetrics Gynecology, and Reproductive Science
Associate Dean for Academic Development
New York, New York

4:15pm – 5:30pm

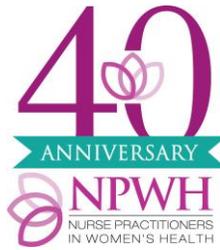
Z. Clinical Topics

Political Will or Won't - Political or Won't - Advocacy for Women's Health

Heather Bradford, MSN, CNM, FACNM
Ella Heitzler, PhD, WNHP-BC, RNC- OB

When Things Fall Apart: Providing Access to Reproductive Healthcare During the COVID-19 Global Pandemic and Beyond

Maria Rudd, DNP, APRN, WHNP



AA. Clinical Topics

Reproductive Grief Care: Giving Permission to Grieve

Kathryn Grauerholz, MSN, NP, ACHPN

Hear Me to Heal Me

Mary Beth Kealy, MSN, RN, WHNP

BB. Medical Management of Endometriosis

Heidi Collins Fantasia, PhD, RN, WHNP-BC

This session will focus on the medical management of endometriosis by the nurse practitioner. Many patients with a history of chronic pelvic pain have either a clinical or surgical diagnosis of endometriosis and will require management to control symptoms and preserve fertility. Common symptoms and clinical presentations of endometriosis will be discussed, as well as pharmacologic options.

CC. Pain Management for the Primary Care Provider

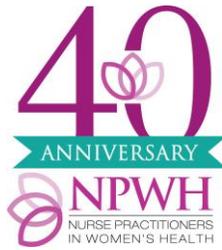
Stephen Dechter, DO FAAPMR

Discuss common presentation, diagnosis, workup, and treatment options in the primary care setting. Discuss when to refer and why. Explore treatment options after seeing the pain specialists.

DD. Reproductive Justice: A Human Right

Kelly McKay-Gist, MSW, LCSW

Reproductive justice centers on examining how power is shared and access to power within health care and beyond. In addition, reproductive justice centers communities who are most impacted by racial inequities and addresses racial inequities across the lifespan. In this presentation, we will examine ways to dismantle systems, policies and acknowledge the history of reproductive oppression to better implement the tenets of reproductive justice.



Day 3 – Sunday, October 18, 2020

WORKSHOPS

9:00am – 12:00pm

GYN Office Procedures

Aimee Chism Holland, DNP, WHNP-BC, FNP-C, FAANP

How to Wow Reviewers: Success in Getting your Abstract or Manuscript Accepted

Heidi Collins Fantasia, PhD, RN, WHNP-BC

Beth Kelsey, EdD, APRN, WHNP-BC, FAANP

Case Studies in Colposcopy

Mary Rubin, PhD, WHNP-BC, FAANP and TBA

Kim Choma DNP, WHNP-BC

12:00pm

Adjourn