PROGRAM
GUIDE

24TH ANNUAL
NPWH PREMIER
WOMEN'S HEALTHCARE
CONFERENCE
October 13th - 16th, 2021

CHALLENGE.
TRANSFORM.
THRIVE.
Dear Attendees,

In the past year, every WHNP, regardless of practice arena, has transformed in some way. Providers have become proficient in telehealth. Educators have enhanced student learning through virtual teaching, and we’ve all learned to stay connected through various online platforms. We have grown in our ability to meet the needs of the populations we serve. In recognition of these accomplishments and with the aim of supporting continued growth, our theme for this year’s conference is **Challenge. Transform. Thrive.**

This year’s conference will be held virtually using the CVENT technology platform. Their Virtual Attendee Hub offers educational sessions, interaction with exhibit booths, and other networking opportunities all in one simple platform.

Please join us virtually to learn about state-of-the-art developments in women’s health, and share our collective goal of providing quality healthcare to women. We thank you for your continued support in these changing times. While we look forward to seeing you in Houston next year, we look forward to making this year’s virtual conference our best one yet!

Warm Wishes,

Heather L. Maurer, CAE, MA  
Chief Executive Officer

Ginny Moore, DNP, WHNP-BC  
Co-Chair,  
Conference Planning Committee

Shelagh Larson, APRN, DNP, NCMP, WHNP-BC  
Co-Chair,  
Conference Planning Committee
The National Association of Nurse Practitioners in Women’s Health (NPWH) is a dynamic professional membership organization focused on women’s healthcare. As the healthcare landscape changes and evolves, NPWH continues to support the professional development and lifelong learning of nurse practitioners, nurse-midwives, and all other clinicians who provide care to women and to advocate for sound public policies that improve women’s health. Clinicians who attend the NPWH 24th Annual Premier Women’s Healthcare Conference will gain the in-depth knowledge and specialized skills needed to provide high-quality healthcare to women of all ages.

NPWH is the professional community for Women's Health Nurse Practitioners and other advanced practice registered nurses who provide women's and gender-related healthcare. We set a standard of excellence by translating and promoting the latest research and evidence-based clinical guidance, providing high quality continuing education, and advocating for patients, providers, and the WHNP profession.

At the conclusion of this conference participants will be able to:

- Promote equity in women’s health through practice and policy strategies focused on diversity and inclusivity.
- Utilize current evidence in the provision of primary, preventative, and reproductive health care across the lifespan.
- Apply new knowledge to advance clinical practice in meeting the complex healthcare needs of patients.

80% of participants will report that conference participation resulted in the utilization of current evidence-based strategies in the provision of healthcare; application of new knowledge to meet the complex needs of patients; and the promotion of equity in women’s health through strategies focused on diversity and inclusivity.
AGENDA

PRE-CONFERENCE – WEDNESDAY, OCTOBER 13, 2021

This conference will take place in Central Standard Time

8:00am – 12:00pm CT

Urogynecology Update
NCC Code 2, 3.5 CE

Pelvic Pain: The Pandora’s Box in Gynecology
Susan Hoffstetter, PhD, WHNP-BC, FAANP

Pelvic pain is characterized by overlapping disease conditions including gynecological, gastrointestinal, urological, musculoskeletal, neurological, and psychological. Knowledge and skills to accurately inform history, assessment, and physical exam are necessary for practitioners to care for this population of women. A multidisciplinary team approach is optimum to improve outcomes and minimize symptoms for women with pelvic pain.

Complex Gynecologic Issues: Urinary Incontinence
Amy Hull, DNP, WHNP-BC

This session will focus on the pathology of urinary incontinence and include discussion of the anatomy of the pelvis with a focus on the urinary tract system. An in-depth discussion of the steps for physical examination as well as treatment strategies will be included.

Office Evaluation, Treatment, and Prevention of Pelvic Organ Prolapse
Christina Hicks, MS, APRN, WHNP-BC

This presentation will review the anatomy & physiology, prevalence, etiology, and risk factors of pelvic organ prolapse. Attendees will also learn about in office evaluation for pelvic organ prolapse, prevention strategies, and the available treatment options.
1:00pm – 5:00pm CT

**Contraception Update**
NCC Code 4, 3.5 CE

**Contraceptive Upgrade: What’s Out, New and in the Pipeline**  
Shelagh Larson, DNP, APRN, WHNP-BC, NCMP

Pills, patches, and implants, how do you pick the right product? In this presentation, we will review the history of contraception, current practices, and the developing applications. Also addressed in this presentation will be new contraception options for men.

**Prescribing Contraception for the Medically Complex Patient**  
Heidi Collins Fantasia, PhD, RN, WHNP-BC, FNAP

This session will review common medical conditions that may affect the choice of contraception. A review of CDC medical eligibility criteria, including risks and benefits, and how to council women with medical conditions will be presented.

**Contraception – Prescribing Tips for Nurse Practitioners**  
Melanie Deal, MS, WHNP-BC, FNP-BC

This presentation will focus on the role of the NP in identifying and prescribing the most appropriate combined hormonal contraception for patients. Additional discussion will focus on managing common side effects.

*This session is supported by an educational grant from Bayer*

5:00pm - 6:00pm CT
Exhibit Hall Grand Opening

5:00pm - 6:00pm CT
Exhibit Hall Grand Opening

6:00pm - 7:00pm CT
Product Theater (Non-CE)

*Sponsored by Mayne Pharma*
DAY 1 – THURSDAY, OCTOBER 14, 2021

This conference will take place in Central Standard Time

9:00am – 9:55 am CT
Welcome Meeting / Awards

10:00am - 10:45am CT
Keynote Address
Rear Admiral Susan Orsega, MSN, FNP-BC, FAANP, FAAN
Director of Commissioned Corps Headquarters, U.S. Public Health Service Commissioned Corps
.75 CE

10:45am - 11:00am CT
Break / Exhibits

11:00am – 12:00pm CT
2021 CDC STI Treatment Guidelines: An Update
Laura H. Bachmann, MD, MPH
NCC Code 2, 1.0 CE

This session will review the most significant changes in the 2021 CDC STI Treatment Guidelines including updated recommendations for the treatment of Neisseria gonorrhoeae, Chlamydia trachomatis, Trichomonas vaginalis, pelvic inflammatory disease, alternative treatment options for bacterial vaginosis and expanded risk factors for syphilis testing among pregnant women.

12:00pm – 1:00pm CT
Lunch / Exhibits

1:00pm - 2:00pm CT
Product Theater: BREXAFEMME® (ibrexafungerp tablets) -- a Novel, Oral Treatment to Meet the Evolving Challenge of Vulvovaginal Candidiasis
Brooke Faught, DNP, WHNP-BC, NCMP, FAANP, IF
Non-CE

The presentation will introduce BREXAFEMME® (ibrexafungerp tablets)--a first-in-class, non-azole antifungal treatment option for women with vulvovaginal candidiasis (VVC), including a review of clinical trial data for this novel agent. Join us as we discuss the impact of VVC on women and the evolving challenge of providing effective treatment.

Important Safety Information:
- BREXAFEMME is contraindicated during pregnancy and in patients with a history of hypersensitivity to ibrexafungerp
- BREXAFEMME administration during pregnancy may cause fetal harm based on animal studies. Prior to initiating treatment, verify pregnancy status in females of reproductive potential and advise them to use effective contraception during treatment
When administering BREXAFEMME with strong CYP3A inhibitors, the dose of BREXAFEMME should be reduced to 150 mg twice a day for one day. Administration of BREXAFEMME with strong CYP3A inducers should be avoided.

Most common adverse reactions observed in clinical trials (incidence ≥2%) were diarrhea, nausea, abdominal pain, dizziness, and vomiting.

**2:15pm – 3:15pm CT**
**Clinical Practice Guideline on the Use of Screening Strategies for the Detection of Breast Cancer**

Rachel Fidino, DNP, AFNP, WHNP-BC, AGN-BC  
NCC Code 1, 1.0 CE

Breast cancer mortality can be effectively reduced through screening. The purpose of this presentation is to review breast cancer screening guidelines and the evidence used to support the recommendations and highlight new screening modalities and controversies surrounding screening.

**3:15pm – 3:30pm CT**
**Break / Exhibits**

**3:30pm – 4:30pm CT**
**What's New with the Women's Preventive Services Initiative (WPSI): New Recommendations and Implementation Resources**

Sue Kendig, JD, MSN, WHNP-BC, FAANP  
Sandi Tenfelde, PhD, APRN, WHNP-BC  
NCC Code 1, 1.0 CE

This presentation will provide updates from the Women's Preventative Services Initiative (WPSI), with a focus on new recommendations. Resources to support implementation and integration of the WPSI recommendations into practice will be provided. WPSI recommendations and tools will help guide clinicians in providing the best evidence-based preventative healthcare for women of all ages. This presentation will introduce new guidelines to assist primary care providers for optimal practice in women's health and identify resources for patients to help them participate in their preventative health care.

**4:30pm – 5:30pm CT**
**Health Equity Now! A Discussion with Nurses Leaders from the National Coalition of Minority Ethnic Nurse Associations**

Moderator:
- Debra Toney, PhD, RN, FAAN, President, Board of Directors, NCMENA

Panelists:
- Jung-Ah Lee, PhD, RN (Asian American and Pacific Islander Nurses Association)  
- Martha Dawson, DNP, MSN, RN, FACHE (National Black Nurses Association)  
- Mary Joy Garcia-Dia, DNP, RN, FAAN (Philippine Nurses Association of America)  
- Carli Zegers, PhD, APRN, FNP-BC (National Association Hispanic Nurses)  
- TBD (National Alaska Native American Indian Nurse Association)

NCC Code 5, 1.0 CE
This collaboration gives voice to 350,000 minority nurses and to the lived health experience of a constituency marginalized from mainstream health delivery systems. Its goals include support for the development of a cadre of ethnic nurses reflecting the nation’s diversity; advocacy for culturally competent, accessible and affordable healthcare; promotion of the professional and educational advancement of ethnic nurses; education of consumers, healthcare professionals and policy makers on health issues of ethnic minority populations; development of ethnic minority nurse leaders in areas of health policy, practice, education and research; endorsement of best practice models of nursing practice, education, and research for minority populations.

5:30pm - 6:30pm CT
Product Theater (Non-CE)

Sponsored by Acella Pharmaceuticals, LLC
7:00am - 8:00am CT
Product Theater (Non-CE)

Sponsored by AbbVie

8:00am – 9:00am CT
A. Opioid Use Disorder Screening for Women Across the Lifespan
Lindsey Baksh, DNP, WHNP-BC
Ginny Moore, DNP, WHNP-BC
Shaunna Parker, MSN, WHNP-BC
Shelza Rivas, DNP, APRN, WHNP-BC, AGPNP-BC
NCC Code 1

Opioid use disorder (OUD) has reached epidemic proportions nationwide. Women may be more susceptible than men to addiction and relapse. In order to stem the rising rates of overdose related deaths, early detection and intervention through screening is paramount.

B. COVID-19 in Pregnancy: Lessons Re-Learned
Emily Miller, MD, MPH
NCC Code 2

This session will focus on information that will help nurse practitioners provide the latest information to patients regarding COVID during pregnancy. Patients may arrive for prenatal care with many questions so this session will provide information on obstetric outcomes associated with SARS-CoV-2 in pregnancy, discussion on perinatal transmission of the SARS-CoV-2 virus and current information on both the efficacy and safety data of the COVID 19 vaccine.

C. New Screening and Risk-Based Guidelines in Cervical Cancer Prevention
Nancy Berman, MSN, ANP-BC, NCMP, FAANP
NCC Code 1

This session will include a review of current cervical cancer screening guidelines along with a presentation of the new American Cancer Society Guidelines. There will be a discussion of the appropriate use of HPV testing and the role of primary HPV (stand-alone) testing. The new 2019 ASCCP Risk-Based Management Consensus Guidelines for Management of Abnormal Screening Tests will be discussed including the clinical thresholds for colposcopy, surveillance, or treatment. Case studies will be presented on how to use the guidelines which are a shift from a results-based to a risk-based management relative to the risk of an existing CIN 3 (pre-cancer).
D. Vaginal Estrogen for Postmenopausal Women  
Kendra Roloff, DNP, APRN, WHNP-C, CUNP, MBA  
NCC Code 4

This session is intended to briefly discuss the vulvovaginal changes that occur during menopause and the effects atrophic vaginitis can have on postmenopausal women. A detailed discussion regarding treatment of atrophic vaginitis in postmenopausal women will be had, focusing on the use of vaginal estrogen.

E. How to Get the Most Out of the Preceptor-Student Relationship: Identified Challenges and Solutions  
Heidi Collins-Fantasia, PhD, RN, WHNP-BC, FNAP  
Allyssa Harris, PhD, RN, WHNP-BC, FNAP  
Sandi Tenfelde, PhD, APRN, WHNP-BC  
NCC Code 5

This presentation will discuss preceptor data from the 2018 WHNP Workforce Survey. Challenges to precepting will be presented as well as potential solutions to recruiting and retaining preceptors for WHNP students. Suggestions for meaningful student experiences will be presented.

9:15am – 9:30am  
Break / Exhibits

9:30am – 10:30am CT  
F. Radical Longevity -The Powerful Plan to Sharpen Your Brain, Strengthen Your Body, and Reverse the Symptoms of Aging  
Ann Louise Gittleman, PhD, CNS  
NCC Code 5

Radical Longevity casts a bold new vision of aging that will give you freedom from accepting the limitations that growing older once meant. By utilizing epigenetics to slow and reverse many of the most worrisome aging conditions, you can preserve your “youth span” and enhance your immunity, heart, brain, muscles, joints, skin, and hair.

G. Benign Breast Conditions: The Role of the WHNP  
Stefani Elizabeth Yudasz, DNP, WHNP-BC  
NCC Code 3

This presentation will focus on the most common benign breast conditions seen in women throughout the lifetime. The WHNP plays an important role in the assessment of benign breast lesions, breast pain, and nipple discharge. These conditions can often be managed by the WHNP, with referral to a breast specialist when indicated.
H. Menopause Matrix: Rising From the Hot Flash Ashes  
Shelagh Larson, DNP, APRN, WHNP-BC, NCMP  
NCC Code 4

Menopause treatment can be confusing for providers and patients. In this presentation, we will clarify myths and provide facts to counsel and treat with confidence. The most recent Guidelines will be your arsenal.

I. Gender Euphoria - Embracing Gender Diverse Populations and Understanding Their Medical Care  
Erin Everett, MSN, APRN, AAHIVS  
Michelle Sariev, BSN, APRN, AAHIVS  
NCC Code 4

In the interest of providing equitable healthcare across populations, we will discuss the importance of recognizing the health needs of gender diverse individuals and their families. Additional focus will be on discussion of medical treatments in gender diverse populations.

J. Fat Stigma in Women’s Health  
Ginny Moore, DNP, WHNP-BC  
Sarah Vaillancourt, MSN, WHNP-BC  
NCC Code 1

Fat stigma is a pervasive phenomenon that can impact every facet of a person’s life. Clinically, fat stigma is implicated in worsened physical and mental health outcomes, which are often attributed solely to body size. Many interventions exist to reduce fat stigma in clinical settings, with the aim of maximizing patient outcomes and wellness.

10:30am – 10:45am CT  
Break/ Exhibits

10:45am – 11:45am CT  
K. Unique Healthcare Challenges for Active Duty Service Women During Unprecedented Times with Military Downsizing and Consolidation  
Tamera Borchardt, DNP, WHNP-BC  
Komkwuan Paruchabutr, DNP, WHNP-BC, FNP-BC, CNM  
NCC Code 5

Military healthcare has undergone a large transformation in the last 8 years with the development of the Defense Health Agency. The consolidation of all services has posed challenges within healthcare processes, policy, and oversight. Congress has addressed and made recommendations to improve women’s health for all services. Expansion of healthcare system partnerships will impact civilian women’s health providers.
L. Assessment and Treatment of Migraines
Maureen Moriarity, DNP, ANP-BC, FAHS, FAANP
NCC Code 4

This presentation aims to review concepts in diagnosis and treatment for women with migraine. Hormonal changes across the life span and the impact on migraine, will be considered. Alternative therapy for women who seek nonpharmacologic treatment, e.g., during pregnancy or due to comorbid contraindications, will be discussed.

M. Opportunities for Prevention: Reducing Health Disparities by Addressing Environmental Exposures
Katie Huffling, MS, RN, CNM, FAAN
NCC Code 1

Recognizing that nurses are at the forefront of healthcare touchpoints, this presentation will focus on how advanced practice registered nurses can impact and address environmental factors contributing to compromised, disparate women and maternal child health outcomes.

N. Managing Medications in Older Women: The Role of the Nurse Practitioner
Jennifer Kim, DNP, GNP-BC, GS-C, FNAP, FAANP
NCC Code 4

This session will focus on reviewing the current available evidence and best practices of medication management in older women.

O. Podium Presentation - Predictors of Postpartum Care Attendance for Low-Income Women at a Federally Qualified Health Center (FQHC)
Sandi Tenfelde, PhD, APRN, WHNP-BC
NCC Code 5

Postpartum visit attendance rates are lower than national average for low-income women compared to higher income women. Maternal morbidity and mortality, infant mortality, and poor mental health are health concerns that disproportionately affect low-income women, and without proper postpartum care these issues are magnified. The purpose of this study was to identify prenatal predictors of postpartum non-attendance for low-income women attending the Federally Qualified Health Center.

11:45am – 12:45pm CT
Lunch / Exhibits

12:45pm – 1:45pm CT
Product Theater (Non-CE)

Sponsored by Natera
1:45pm – 2:45pm CT
P. Clinical Topics

P1 1:45 – 2:15pm CT
Do You Know What You Need to Know about Nitrous Oxide (NO) Use for Labor and Birth?
Michelle Collins, CNM, RNC-EFM, FACNM, FAAN, FNAP
NCC Code 4

This presentation will focus on the history of the use of nitrous oxide as a labor analgesic, its current usage worldwide, and usage in labor and birth. Barriers to initiating a nitrous oxide delivery program, as well as how to maneuver the hurdles in bringing nitrous oxide in to any birth site, will be discussed. Risks, benefits and specific and varied uses of it will also be discussed. This presentation will give participants the baseline knowledge that they need to be able to have adequate risk-benefit based discussions with their clients. The presenter authored position statements on the use of nitrous oxide in childbirth for both the American College of Nurse-Midwives and the Association of Women’s Health Obstetric and Neonatal Nurses.

P2 2:15 – 3:15pm CT
Tranexamic Acid Use in Obstetrics: Treatment and Prevention of Postpartum Hemorrhage
Ruth Mielke, PhD, CNM, WHNP-BC, FACNM
Sarah Obermeyer, PhD, CNM, WHNP-BC, IBCLC
NCC Code 4

This presentation will present the a) pharmacology and use of TXA in the context of the physiologic changes of pregnancy b) use of TXA in the treatment of Postpartum Hemorrhage (PPH), c) state of the science with respect to prophylactic use of TXA to prevent PPH.

Q. Diagnosis and Management of Common Thyroid Disorders in Women
Laurie Tompkins, MSN, WHNP-BC, NCMP
NCC Code 2

This session will describe the common thyroid disorders in women. An overview of the demographics of thyroid disease and its impact on women’s health will be presented. The information needed to diagnosis and treat common thyroid disorders will be presented including physical exam findings, screening and laboratory analysis, diagnostic imaging and treatment options with follow up recommendations. Treatment options for hypothyroidism will be discussed including pharmacologic choices and non-pharmacologic treatment options. The concept of subclinical hypothyroidism will be discussed. The current clinical guidelines for screening women for potential thyroid disease will also be reviewed.

R. Culturally Sensitive and Responsive Sexual Medicine
Heather Quaile, DNP, WHNP-BC, SANE, CSC, IF
NCC Code 1

Cultural competence is a complex ongoing learning process. We are always treating individuals nested within their cultural, psychological, relationship, and biological foundations and realities. Establishment of culturally sensitive and responsive sexual medicine requires continuous, critical self-reflection.
S. The Effects of Cannabinoids on Women's Reproductive Health
Becky Lynn, MD, MBA, IF, NCMP
NCC Code 1

This presentation will focus on the effects of cannabinoids on women's reproductive health. The effects on menstruation, fertility, pregnancy, lactation, chronic pelvic pain, and sex will be explored.

T. Jenga for Life: Building Maternity Care that Supports Birthing People and Decreases Maternal Morbidity and Mortality
Traci Johnson, MD
NCC Code 5

This presentation will review the current situation regarding maternal morbidity and mortality in the United States. By the end of the presentation, practitioners should be able to discuss current trends in maternal mortality statistics and highlight areas of concern. In addition, causative concepts, and ways to combat morbidity in how we care for birthing people will be discussed.

2:45pm – 3:00pm CT
Break / Exhibits

3:00pm – 4:00pm CT
U. Clinical Topics

U1 3:00pm – 3:30pm CT
The Low Carb Diet with Intermittent Fasting: Implications for Women’s Health
Megan Arbour, PhD, CNM, CNE, FACNM
Melissa Stec, DNP, CNM, APRN, FACNM, FAAN
Kelly Walker, DNP, CNM, FACNM
Judith Wika, MSN, CNM, FACNM
NCC Code 1

Low Carb or ketogenic diets in combination with intermittent fasting are currently popular weight loss diets in the US. This session will explain various intermittent fasting schedules, describe the mechanism by which individuals lose weight following these plans, and highlight important clinical implications for the clinician caring for a woman on these diets.
U2 3:30pm – 4:00pm CT
The Effects of Bicycle Riding on Women’s Health
Rozanne Puleo, FNP-BC, ONP-C
NCC Code 2

With the increase of women involved in both indoor and outdoor cycling, little attention is paid to the impact that the bicycle saddle has on a woman's vulva and how this can impact a woman's overall well-being. The bicycle saddle is one of the three main points of contact a person has with the bicycle, and improper positioning and other factors can impact the health and comfort of the vulva. Yet, there is little access to this information in the clinical guidelines and in the academic literature, there is a dearth of information regarding saddle fit for women as compared to men. This talk will provide an overview of the various conditions that women experience as a result of an improper fit on the bicycle saddle and will help provide some insight into saddle design and positioning. Finally, tips for prevention of vulvar concerns will also be discussed.

V. Heart Safe Motherhood: Home Monitoring for Improved Compliance and Outcomes in Postpartum Hypertension
Adi Hischberg, MD
NCC Code 2

This presentation will review recommendations for postpartum hypertension surveillance and treatment and discuss successful, innovative, and patient-centered home monitoring programs, including Penn Medicine's Heart Safe Motherhood program.

W. Hormone Deficiencies in Chronic Pain: Understanding the Role of Hormone Optimization in Your Chronic Pain Population
Terri DeNeui, DNP, APRN, ACNP-BC
NCC Code 4

Studies abound expressing the importance of the sex hormones in our chronic pain populations. Understanding sex hormone physiology and the role the sex hormones play in pain processing is paramount for healthcare providers. This session will seek to fill the gap in knowledge of this vital hormone as well as safe, efficacious and evidence-based treatment recommendations.

X. Ten Essential Considerations in the Treatment of Women with Depression and Anxiety
Mary Ann Nihart, MA, APRN, PMHCNS-BC, PMHNP-BC
NCC Code 4

Although 80% of antidepressants are prescribed by primary care providers, depression remains under recognized and under treated. Women's health providers in all settings must hone their skills at assessing, diagnosing and treating depression and anxiety in those they serve. This presentation will explore ten essential considerations for the most current evidence-based diagnosis and pharmacologic interventions.
Y. Amplifying the NP Voice: How to be an Advocate for the NP Role
Rachel Fidino, DNP, ARNP, WHNP-BC, AGNP-BC
Heather Quaile, DNP, WHNP-BC, SANE, CSC, IF
NCC Code 5

Nurse practitioners (NPs) are essential advocates for health policy. As nurse leaders, NPs must be involved in health policy. NPs who advocate for major health policies can influence countless people throughout their state and the nation, depending on the level of the health policy. NPs have the capacity to change healthcare for individuals for many years to come.

4:15pm – 5:15pm CT
Keynote: Amazed and Amused
Karyn Buxman, CSP, CPAE
NCC Code 5

Success is not measured only in dollars and cents, but also in the moments that you live amazed and amused. Leadership finds its inspiration not in duty, but in grasping the amazing power of one's vision and will, and in motivating the amusing diversity of many people's personalities and skills. Bestselling author, business consultant, and observer of the human condition Karyn Buxman will take you on a life-changing journey of humor and hope.

5:30pm - 6:30pm CT
Product Theater: Real Women, Real Goals: Success with an Oral Contraceptive, Right from the Start

Sponsored by Avion Pharmaceuticals LLC
Attendees must be registered for the Main Conference in order to attend Workshops. These Workshops will take place in Central Standard Time.

WORKSHOPS

9:00am – 12:00pm CT

Office Gynecology Procedures Workshop
Kelley Stallworth Borella, DNP, WHNP-BC
Aimee Chism Holland, DNP, WHNP-BC, FNP-C, FAANP
NCC Code 3

This workshop will cover the evidence-based steps required to perform the following office gynecology procedures: endometrial biopsy, vulvar biopsy, endocervical polypectomy, incision and drainage of a Bartholin gland abscess, pessary fitting and speculum examination. The procedures will be demonstrated and time allowed for participants to practice specific skills. For those participants who return a completed check off sheet a certificate of completion will be provided. Faculty, preceptors or co-workers can observe participants perform a return demonstration of the skills and sign the check off sheets. All participants will earn CE credit for attending. Prior to the workshop a list of supplies will be provided so participants can practice the skills during the workshop. This workshop is limited to 100 participants.

Limited to 100 Attendees

IUD Insertion Training
Part 1: Use of Telehealth for Contraceptive Counseling
Part 2: Clinical Overview of Bayer IUDs (Intrauterine Devices)
Jenna Benyounes, DNP, CNM, WHNP-BC, NCMP

Limited to 200 Attendees

Sponsored by Bayer

12:00pm CT
Adjourn
CONFERENCES DETAILS

REGISTRATION PRICING INFORMATION

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<tr>
<th></th>
<th>Pre-Conference ONLY</th>
<th>Main Conference ONLY</th>
<th>Pre-Conference + Main Conference</th>
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*Non-member and student non-member prices include one year of individual or student NPWH membership

METHOD OF PAYMENT

Payment can be made by U.S. check/money order (payable to NPWH Conference) or by credit card — MasterCard, VISA, or Discover only.

A $25 fee is charged for any returned check or declined credit card.
How to Get Employer Support

Conference attendees may consider trying to obtain employer support in covering all or part of the conference fees. This event is an ideal opportunity to stay up to date in the field of women's healthcare, to gain continuing education credit while doing so, and to network with women's healthcare practitioners from all over the country. The knowledge and skills gained at the conference can then be applied to patient care and to the organization of the practice or healthcare facility, which benefits not only the attendee but the employer as well.

Accreditation Statement

NPWH is approved by the California Board of Registered Nursing, CEP Number 13411.

This activity has been evaluated and approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health. The program has been issued NPWH Activity number 21-05. As of July 14, the total number of continuing education contact hours that can be earned while attending the conference is 22.75. This number includes contact hours for poster review as well as attendance at optional pre- and post-convention workshops for which there is an additional fee. The main conference includes 8.0 hours of pharmacology content. Anyone who registers for the main conference will be able to earn up to 20 additional CE contact hours by viewing breakout sessions they did not already attend. Participants should claim only those contact hours spent in the educational activity.

NPWH is committed to ensuring that educational sessions are free from commercial bias and product promotion. Any commercial products, goods or services displayed or discussed during this CE activity should not be interpreted to imply endorsement by NPWH.

ADA Statement

In accordance with the Americans with Disabilities Act (ADA), the National Association of Nurse Practitioners in Women's Health (NPWH) strives to provide reasonable accommodations and services for persons who require special assistance to participate in our events (virtual and in-person). We strive to host inclusive, accessible events that enable all individuals, including individuals with disabilities, to engage fully. Three weeks advance notice is necessary to arrange accommodations. To request an accommodation or for inquiries about accessibility, please contact Donna Ruth, druth@npwh.org.

Cancellation Policy

Cancellations received in writing by September 15, 2021 will get a full refund minus $25 cancellation fee. No refunds will be issued after this date.

Equal Opportunity

Events and activities approved by NPWH are available without regard to a participant's race, color, sex, national origin, disability, or age, as provided by law and in accordance with NPWH's respect for personal dignity.
Exhibitor Information

The virtual exhibit hall will remain open 24/7 beginning at 5:00pm CT on Wednesday, October 13. Attendees are encouraged to explore the Hall at their leisure. Exhibit hours specified in the schedule indicate times when booth representatives are encouraged to be available to speak with attendees.

*Products and services advertised in the exhibit hall do not necessarily reflect the recommendations of NPWH and presence in the exhibit hall should not be considered confirmation of endorsement.*

For More Information

Contact Carol Wiley:
Phone: 202-543-9693, ext. 84
Email: cwiley@npwh.org

National Association of Nurse Practitioners in Women’s Health (NPWH)
Post Office Box 15837
Washington, DC 20003
Website: www.npwh.org

CONFERENCE PLANNING COMMITTEE

2021 Planning Committee

**Ginny Moore**, DNP, WHNP-BC –Co-Chair  
**Shelagh Larson**, DNP, APRN, WHNP-BC, NCMP –Co-Chair  
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**Kendra Roloff**, DNP, APRN, WHNP-C, CUNP, MBA  
**Donna Ruth**, MSN, RN, NPD-BC – Director of Education, Staff Liaison  
**Heather L. Maurer**, MA, CAE – NPWH CEO, Staff Liaison