22nd Annual NPWH Premier Women’s Healthcare Conference

PROGRAM GUIDE

October 16–19, 2019
Savannah International Trade and Convention Center
Savannah, Georgia
The National Association of Nurse Practitioners in Women’s Health (NPWH) is a dynamic professional membership organization focused on women’s healthcare. As the healthcare landscape changes and evolves, NPWH continues to support the professional development and lifelong learning of nurse practitioners, nurse-midwives, and all other clinicians who provide care to women and to advocate for sound public policies that improve women’s health. Clinicians who attend the NPWH 22nd Annual Premier Women’s Healthcare Conference will gain the in-depth knowledge and specialized skills needed to provide high-quality healthcare to women of all ages.

Please join us in Savannah, Georgia, to learn about state-of-the-art developments in women’s health, network with colleagues, and share our collective goal of providing quality healthcare to women.

Statement About This Year’s NPWH Conference Location
Many NPWH members and other practitioners have asked about the location of our national conference in Savannah this year, given the recent abortion restrictions passed by the Georgia legislature.

As with all important decisions, we are guided by our mission statement, which drives us “to ensure the provision of quality primary and specialty healthcare to women of all ages by women’s health and women’s health focused nurse practitioners.” Georgia has the highest maternal mortality rate and one of the highest infant mortality rates in the nation, making the education and training NPWH provides vitally important to the health and safety of Georgia women and children.

At the same time, our mission statement advocates for “a woman’s right to make her own choices regarding her health within the context of her personal, religious, cultural, and family beliefs.” NPWH calls on Georgia and all states to protect this important principle for the health and safety of women.

LEARNING OBJECTIVES
At the conclusion of this conference, participants will understand current clinical trends and use evidence-based research and new national guidelines to provide high-quality healthcare to women, as well as to:

1. Use new knowledge to implement clinical management plans for selected healthcare needs of women, including:
   a. primary healthcare and preventive health services;
   b. assessment and treatment of selected gynecologic conditions; and
   c. care across the childbearing continuum
2. Integrate updated knowledge about pharmacotherapy in order to manage selected problems in women’s health.
3. Design professional development strategies to enhance clinical practice.
4. Advocate for equity in women’s healthcare and encourage women’s autonomy.
5. Increase clinical skills through participation in workshops.
## PRE-CONFERENCE – WEDNESDAY, OCTOBER 16, 2019

### 7:15am – 8:00am
Registration/Continental Breakfast

### 8:00am – 12:00pm
Clinical Approaches to Menopause, Midlife, and Beyond: Transitions, Timing, Tools & Teamwork  
NCC Code 1; 1.0 Rx  
Sharon Baker, BSN, MN, WHNP  
Diana Drake, DNP, MSN, APRN, WHNP-BC  
Carolyn Torkelson, MD, MS  
Sarah Westberg, PharmD, FCCP, BCPS

### 12:00pm – 1:00pm
Lunch

### 1:00pm – 5:00pm
Maternal Mortality: Beyond the Hospital Walls  
NCC Code 2B  
Jennifer Hawn, RDMS Ob/GYN, MSN, WHNP-BC  
Susan Kendig, JD, MSN, WHNP-BC, FAANP  
James Martin, Jr., MD, FACOG, FRCOG  
Amy Usbry, RN, MPH

## DAY 1 – THURSDAY, OCTOBER 17, 2019

### 7:00am – 8:00am
Registration/Continental Breakfast/Exhibits

### 8:00am – 8:30am
Welcome and Business Meeting

### 8:30am – 9:15am
KEYNOTE ADDRESS: Making a Happier Late Life  
0.75 CE  
Judith Viorst, Author

### 9:20am – 10:10am
Feeling Lonely? You’re Not Alone. The Impact of Loneliness on our Health and Practice  
NCC Code 5  
Douglas Nemecek, MD, MBA

### 10:15am – 11:05am
What Every Clinician Should Know About the Women’s Preventive Services Initiative (WPSI)  
NCC Code 5  
Susan Kendig, JD, MSN, WHNP-BC, FAANP  
Diana E. Ramos, MD, MPH, FACOG

### 11:10am – 12:10pm
Exhibits/Posters  
10 CE

### 1:00pm – 5:00pm
Academic Program Leaders in Women’s Health: Finding Solutions, Success, and Sustainability  
NCC Code 5  
Stephanie Delkoski, DNP, APRN, WHNP-BC  
Diana Drake, DNP, MSN, APRN, WHNP-BC  
Randee Masiola, DNP, WHNP-BC  
Shawana Moore, DNP, MSN, CRNP, WHNP-BC  
Beth Steinfeld, DNP, WHNP-BC  
This 3.5 hour session is open to all women’s health faculty and targets Program Leaders

### 5:30pm – 6:45pm
Welcome Reception in Exhibit Hall

### 7:15pm – 8:45pm
COMPLIMENTARY PRODUCT THEATER DINNER  
New Data and Insights for Treating Vaginal Yeast Infections  
Non-CE  
Mark G. Martens, MD

### 12:15pm – 2:15pm
COMPLIMENTARY LUNCH SYMPOSIUM  
1.5 CE

### 2:20pm – 3:10pm
EQUITY in the Opportunity to Survive the 1st Year of Life… A Dream Deferred  
NCC Code 5  
Arthur James, MD, FACOG

### 3:15pm – 3:45pm
Inspiration in Women’s Health Awards

### 3:50pm – 4:40pm
Transforming Gynecologic Practice Through Team-Based Collaborative Care  
NCC Code 5  
Ted Anderson, MD, PhD, FACOG, FACS  
Laurie Thompkins, MSN, WHNP-BC, NCMP

### 4:45pm – 5:35pm
Essential Elements to Health and Happiness: Simple but Not Easy  
NCC Code 1  
Patricia Sulak, MD

### 6:30pm – 8:30pm
COMPLIMENTARY PRODUCT THEATER DINNER  
Non-CE  
Sponsored by AMAG Pharmaceuticals, Inc.
Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Any pharmacology credits are noted with each particular session. You may choose one session for each time period.

DAY 2 – FRIDAY, OCTOBER 18, 2019

7:00am – 8:00am
Registration/Continental Breakfast/Exhibits/Posters

8:00am – 9:15am
A. Stemming the Tide of Congenital Syphilis: The Role of Nurse Practitioners in Prevention and Treatment
   NCC Code 3; 0.25 Rx
   Allison Finkenbinder, MSN, WHCNP-BC
   Reported cases of congenital syphilis (CS) have more than doubled since 2013, and nurse practitioners (NPs) in women’s health are uniquely poised to help address this preventable adverse health outcome. The speaker will review the epidemiology of CS, provide clinical information about the diagnosis and treatment of female syphilis and the prevention of CS, and highlight specific actions that NPs can take to prevent CS.

B. Colposcopy Case Studies; Solving the Puzzle: What Brought Her to the Exam? What Did I Get on Sample Results? What Do I Do for Treatment and Management?
   NCC Code 3; 0.25 Rx
   Mary Rubin, PhD, WHNP-BC, FAANP
   This session provides an opportunity for interactive discussion of abnormal Pap test results while putting it all together with standard guidelines for evaluation, treatment, and management. The goal is to treat pre-invasive cancer and prevent development of micro-invasive or frank invasive cancer.

C. Overview of Medication-Assisted Therapy
   NCC Code 4; 1.25 Rx
   Lauren MacAfee, MD, MSc, FACOG
   This session will introduce the rationale for treatment of patients with substance use disorders with medication-assisted therapy. The speaker will discuss the available medications, including their benefits, limitations, and differences.

D. Assessment and Treatment of Headaches/Migraines
   NCC Code 2C; 1.25 Rx
   Maureen Moriarty, DNP, ANP-BC, FAHS
   This session provides a brief review of the epidemiology, burden, and pathophysiology of headaches and migraines. Most of the lecture will focus on diagnosis and acute/preventive treatment, with special focus on the use of oral contraceptives/hormone replacement therapy in this population.

E. Patient-Centered Counseling: The PATH Framework to Reproductive Justice
   NCC Code 1
   Patty Cason, MS, FNP-BC
   This session presents the PATH framework—a concrete, patient-centered set of open-ended, nonjudgmental questions and counseling skills designed to effectively engage with patients about their reproductive goals, and—when appropriate—pre-pregnancy care, contraception, and infertility services. This efficient framework is intentionally inclusive and allows for nuance. By employing a shared decision-making model, providers help patients clarify what matters to them, and tailor educational efforts to ensure that patients integrate relevant information to enable informed decisions. Counseling skills facilitate listening, build rapport, and avoid bias.

9:25am – 10:40am
   NCC Code 3
   Jennifer Hawn, RDMS Ob/GYN, MSN, WHNP-BC
   The speaker reviews practice parameters and training guidelines for the performance of Limited OB Ultrasound by Advanced Clinical Providers.

G. Evidence-Based Evaluation and Treatment of Abnormal Uterine Bleeding
   NCC Code 2A; 0.75 Rx
   Ted Anderson, MD, PhD, FACOG, FACS
   Abnormal uterine bleeding (AUB) accounts for about one-third of visits by women to healthcare providers. This session will cover common and uncommon etiologies of AUB, including pathophysiology. In addition to a description of the diagnostic tools available, the session will provide evidence-based algorithms for clinical evaluation and medical treatment. Finally, a brief overview of surgical management options after unsuccessful medical management will be offered, along with a discussion about key features of counseling and outcomes expectations.

H. Supplements: Harmful or Helpful?
   NCC Code 4; 1.25 Rx
   Patricia Sulak, MD
   Wellness is a multibillion-dollar industry, with sales of vitamins, herbs, minerals, and other supplements continuing to increase. This presentation will cover commonly promoted products and scientific data to support their use or avoidance.

I. Keeping Women’s Hearts Healthy: Sex Matters
   NCC Code 1; 0.5 Rx
   Lynne T. Braun, PhD, CNP, FAHA, FAANP, FPCNA, FNLA, FAAN
   The speaker will address prevention of heart disease as it relates to women throughout the lifespan, early identification of symptoms and heart-health concerns, and types of heart disease more common in women.

J. OOPS! What Do I Do Now? A Presentation of Legal Issues for WHNPs: What to Do and How to Prevent Them From Happening
   NCC Code 5
   Melanie Balestra, JD, NP, MN
   This presentation will cover some of the common legal issues involving WHNPs, what to do when a legal issue arises, and risk-management strategies to prevent legal issues from occurring.

10:50am – 12:05pm
K. Maternal Mental Health: A Comprehensive Pathway
   NCC Code 2B; 1.25 Rx
   Tiffany Moore-Simas, MD, MPH, MEd
   This session on maternal mental health will introduce a comprehensive care pathway for women’s healthcare providers seeking to improve how they care for women with perinatal mood and anxiety disorders. The speaker will outline how to establish an environment and infrastructure that facilitates detection, assessment, and treatment of perinatal mood and anxiety disorders while (1) providing actionable information, algorithms, and clinical pearls to help practitioners successfully address perinatal mood and anxiety disorders and (2) summarizing important critical considerations, such as screening for bipolar disorder prior to initiating treatment with antidepressants.

L. Menopause: Beyond the Flash
   NCC Code 1.125 Rx
   Ramona Scott, DNP, WHNP-BC
   This session will focus on the latest information from The North American Menopause Society and other resources. This discussion about management of the menopause transition and perimenopause will include current delivery systems and combinations of hormone therapy. Risks and benefits of such therapies will be supported by recent research findings. Management of genitourinary syndrome of menopause also will be discussed.

M. Obesity Treatment in 2019: Are Women Different?
   NCC Code 4; 1.25 Rx
   Angela Golden, DNP, FNP-C, FAANP
   This presentation will familiarize participants with current guidelines and treatment for obesity. A highlight will be the implications of treating obesity specifically in women and the impact on women’s health.
DAY 2 – FRIDAY, OCTOBER 18, 2019

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period.

N. Dermatology Divas: A Fusion of Medical and Cosmetic Considerations for Women
   NCC Code 2C; 0.75 Rx
   Heather Roebuck, DNP, FNP-BC, FAANP
   This is a fun A (Acne) to Z (Zoster) journey exploring cutaneous conditions and appropriate pharmacologic and surgical treatment options.

O. Specialty Certifications: Which One is Right for Me?
   NCC Code 5
   Brooke M. Faught, DNP, WHNP-BC, NCMP, IF
   Jennifer Hawn, RDMS Ob/GYN, MSN, WHNP-BC
   Shelagh Larson, DNP, RNC, WHNP, NCMP
   Jamille Nagtalan-Ramos, EdD, MSN, WHNP, IBCLC
   Heather Qualle, DNP, WHNP-BC, SANE
   Mary M. Rubin, PhD, WHNP-BC, FAANP
   During this session, a panel of WHNPs who have achieved specialty certifications or expertise in certain areas of specialization will describe their particular field, along with what is required to achieve and maintain certification in it. The specialty certifications and areas of specialization to be covered are lactation, ultrasonography, menopause, colposcopy, female sexual health, and sexual assault nurse examiner. Each panelist will be available for questions following the presentation.

12:10pm – 1:20pm
Exhibits/Lunch

1:25pm – 2:40pm
P. CLINICAL PRESENTATIONS
   NCC Code 5
   Healthy Smiles for Pregnant Patients
   Carrie Kamp, APRN, FNP-C
   Pre-Pregnancy Care 101: The Next Generation of Preconception Care
   Randee L. Masciola, DNP, APRN-CNP, WHNP
   Adding Mifepristone to the Miscarriage Management Toolbox
   Marit Knutson, BSN, RN
   Amy Levi, PhD, CNM, WHNP-BC

Q. The Science of Sex: Updated Evidence for the Treatment of Female Sexual Dysfunction
   NCC Code 2A; 0.5 Rx
   Brooke M. Faught, DNP, WHNP-BC, NCMP, IF
   This session covers the latest evidence for treating dysfunctions related to female libido, arousal, and orgasm. The speaker will discuss recent data, new and emerging therapies, and holistic treatment options for the treatment of female sexual dysfunction.

R. Oh, the Antibiotics You'll Give! Actionable Interventions for Improving Antibiotic Use
   NCC Code 4, 1.25 Rx
   Christopher Evans, PharmD
   The speaker will describe efforts that the Tennessee Department of Public Health is expending to curb overuse and inappropriate use of antibiotics across the state, as well as the adverse consequences of antibiotic overuse. The presentation will cover the CDC's Core Elements for Antibiotic Stewardship in the Outpatient Setting, as well as ways to implement actionable interventions to ensure appropriate antibiotic prescribing for select respiratory and urinary tract infections.

S. Taking a Shot at Vaccine-Preventable Diseases
   NCC Code 4, 0.75 Rx
   Audrey Stevenson, PhD, MPH, MSN, FNP-BC
   Vaccine-preventable diseases are on the rise, with recent outbreaks of several diseases. In addition, vaccines to prevent cancers are now readily available but are underused. The speaker will provide the most up-to-date information on vaccine recommendations across the lifespan. Nurse practitioners can play a pivotal role in reducing many diseases to protect the health and well-being of their patients and their communities. In this fast-paced session, participants will learn how to make sense of the latest vaccine recommendations and discuss the vaccine needs of special populations. In addition, they will learn tools for conversations with vaccine-hesitant individuals.

T. Getting to Yes: What You Need to Know to Negotiate Your Perfect Job
   NCC Code 5
   Caroline Hewitt, DNS, RN, WHNP-BC, ANP-BC
   Susan Kendig, JD, MSN, WHNP-BC, FAANP
   The purpose of this session is to provide the knowledge and skills needed for WHNPs to successfully negotiate the perfect job. What is the right salary? How is my performance being measured? How am I billing for my services? These topics and more will be covered during this interactive and highly informative session.

2:50pm – 4:05pm
U. The Heart of the Matter: What Every Obstetrical Provider MUST Know About Pregnancy-Related Hypertensive Disorders and Peripartum Cardiomyopathy in 2020
   NCC Code 2B, 0.5 Rx
   Amanda Trudell, DO, MSCI, FACOG
   The presentation will focus on the most recent evidence-based guidelines for the diagnosis and management of hypertensive disorders, including distinguishing among chronic hypertension, gestational hypertension, and pre-eclampsia—with or without severe features. The speaker will review both outpatient surveillance and inpatient antepartum, intrapartum, and postpartum care. She also will review current diagnostic criteria for diagnosis of peripartum cardiomyopathy and the basic principles of management.

V. Contraception: Ounces of Prevention
   NCC Code 1, 0.75 Rx
   Ramona Scott, DNP, WHNP-BC
   This presentation will focus on current best practices for contraceptive prescribing and management while appreciating lessons from the past and looking forward to future innovations.

W. Differences Between Women and Men in the Treatment of Mood Disorders
   NCC Code 4, 1.25 Rx
   Steven Stoner, PharmD, BCPP
   This presentation will explore treatment options for both major depressive disorder and bipolar disorder. Differences in response patterns for females and males will be reviewed. Case examples will aid in the development of appropriate treatment plans to manage symptoms of both disorders.

X. Meeting Teens Where They Are: Patient-Centered Counseling for Adolescents
   NCC Code 1, 0.5 Rx
   Liz Romer, DNP, FNP-C
   Working with adolescents requires approaching care in a way that recognizes that they have unique needs and concerns that providers should consider when caring for them. During this session, the speaker will discuss adolescent decision making, patient-centered approaches to counseling and delivery of care, strategies to address the unique barriers to care experienced by adolescents, and management of challenging cases.
Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period.

Y. PODIUM PRESENTATIONS
NCC Code 5

African American Father–Son Sexual Communication: Reducing Sex Risk Behaviors
Allyssa L. Harris, RN, PhD, WHNP
Associate Professor; WHNP Program Director
William F. Connell School of Nursing, Boston College
Chestnut Hill, Massachusetts

Sexual Violence Screening Practices of Women's Health Nurse Practitioners and Certified Nurse-Midwives
Ella Thomas Heitzler, PhD, WHNP, FNP, RNC-OB
Assistant Professor
Georgetown University, School of Nursing and Health Studies
Washington, District of Columbia

Examination of Two Implementation Models to Improve Genetic Cancer Risk Assessment
Michele Settelmyer, APN, MSN, WHNP-BC
APN/Genetics Specialist
OSF St. Francis Medical Center
Peoria, Illinois
Tenille Oderwald, RN
OSF St. Francis Medical Center
Peoria, Illinois
Haibo Lu, MBA
CancerIQ
Chicago, Illinois
Nikki Willenborg, RN
OSF St. Francis Medical Center
Peoria, Illinois
Danette Doubet
OSF St. Francis Medical Center
Peoria, Illinois
Mindy Thompson, RN
OSF St. Francis Medical Center
Peoria, Illinois
Lindsay Vlaminck, RN
OSF St. Francis Medical Center
Peoria, Illinois
Vicki Shanklin
OSF St. Francis Medical Center
Peoria, Illinois
Cindy Martin, MSN, RN
OSF St. Francis Medical Center
Peoria, Illinois

4:15pm – 5:30pm

Z. Managing Gestational Diabetes: How Sweet It Is
NCC Code 2B; 0.5 Rx
Brandee Newsom, MSN, WHNP-BC, BC-ADM, CDE

This speaker will discuss risks, diagnosis, and management of gestational diabetes to improve short-term and long-term outcomes in the health of women and their children.

AA. CLINICAL PRESENTATIONS
NCC Code 5

How to Be a Sleeping Beauty
Jennifer G. Hensley, EdD, CNM, WHNP, LCCE

Taking the Control out of Birth Control: Reproductive Coercion
Trisha Sheridan, DNP, RN, WHNP-BC, SANE-A, Sane-P

Trauma Informed Care for the GYN Patient
Caroline Cianfrocco, BSN, RN
Sandi Tenfelde, PhD, RN, APN, WHNP-BC

BB. Protecting Women Against HIV: Use of PrEP & PEP for Women
NCC Code 4; 1.25 Rx
Shawana Moore, DNP, MSN, CRNP, WHNP-BC

The purpose of this presentation is to provide participants with up-to-date evidence on pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP) for prevention of HIV infection in women. The speaker will focus on the epidemiology of HIV within the population of women, risk factors and behaviors for acquiring HIV, appropriate drug therapy and risk-reduction strategies to decrease the chance of developing HIV infection, and follow-up/management plans for women on PrEP or PEP regimens.

CC. Human Trafficking & Sexual Assault: Clinical Presentation and Treatment in the Healthcare Setting – A Focus on Sexual Exploitation and the Role of the Nurse Practitioner
NCC Code 2A
Heather Quaile, DNP, WHNP-BC, SANE

This session will provide an overview of human trafficking and sexual assault, including definition of terms, forms of trafficking and sexual assault, and pertinent statistics. The speaker will discuss the clinical presentation of victims, the evaluation process when human trafficking and/or sexual assault is suspected, the importance of trauma-informed care, and the role of the nurse practitioner.

NCC Code 1
Aimee Chism Holland, DNP, WHNP-BC, FNP-C, RD, FAANP
Kim Choma, DNP, WHNP-BC

In collaboration with the National Cancer Institute (NCI), the ASCCP has co-hosted a consensus process to update the 2012 Consensus Guidelines for Managing Abnormal Cervical Cancer Screening Tests and Cancer Precursors. The overall goal of this project is to combine risk data generated by the NCI with clinical action thresholds developed during the consensus process—the end result providing a new set of Risk Based Management Consensus Guidelines. The goal of these new guidelines is to introduce a paradigm based on a patient’s risk instead of on test results. A group of more than 26 organizations, including, for the first time, patient representatives, will determine through a consensus process which risks of cervical cancer and pre-cancer will guide clinical actions (e.g., repeat testing, colposcopy, treatment). ASCCP aims to achieve consensus and broad buy-in through early involvement of key stakeholders and the inclusion of extended periods for public commentary. NPHW is represented by this session’s two speakers, Dr. Aimee Holland and Dr. Kim Choma, in two of the working groups. After a consensus has been achieved by the working groups, technology will be created to support clinicians’ use of the guidelines, including an updated version of the current ASCCP app, which is scheduled for release in 2020.
DAY 3 – SATURDAY, OCTOBER 19, 2019

7:00am – 9:00am
Registration

7:15am – 8:45am
COMPLIMENTARY PRODUCT THEATER BREAKFAST
Non-CE

9:00am – 12:00pm
WORKSHOPS

1. Gynecology Procedures Workshop
   NCC Code 3; 3.0 CE 1.0 Rx
   Aimee Chism Holland, DNP, WHNP-BC, FNP-C, RD, FAANP
   Participants will learn about the evidence-based steps required to perform these office gynecology procedures: endometrial biopsy, vulvar biopsy, endocervical polypectomy, incision and drainage of a Bartholin gland abscess with Word catheter placement, and treatment of genital warts with trichloroacetic acid. A certificate of completion will be provided for participants desiring to add these skills to their nurse practitioner license. Limited to 100 registered attendees
   Additional fee for workshop

2. Intrauterine Contraception – Pearls for Success
   NCC Code 1; 3.0 CE 1.0 Rx
   Suzanne Reiter, MM, MSN, WHNP-BC, FAANP
   Liz Romer, DNP, FNP-C
   This workshop will provide clinicians with skill-building clinical pearls for successful insertion of the five available IUCs. Limited to 50 registered attendees
   Additional fee for workshop

3. ASAM Treatment of Opioid Use Disorders Course
   NCC Code 4; 4.0 CE 4.0 Rx
   Alta DeRoo, MD
   Kristin Smith, DNP, FNP-C, AAHIVS
   This course covers all medications and treatments for opioid use disorder and provides 8 hours of required education needed to obtain the waiver to prescribe buprenorphine. 4 hours will be spent at the workshop offered at the NPWH conference and 4 hours will consist of online education—preferably completed prior to attending the didactic course at the conference. This course is offered in partnership with the American College of Obstetricians and Gynecologists. The curriculum for this course has been specifically designed for women’s healthcare providers.
   Additional fee for workshop This workshop will take place from 8:00am to 12:30pm

4. Write On! How to Compose and Submit a Manuscript for Journal Publication
   NCC Code 5; 3.0 CE
   Dory Greene, BS, BA
   Beth Kelsey, EdD, APRN, WHNP-BC, FAANP
   Do you want to write but don’t know how to get started? Are you a novice writer who would like to improve your skills? If the answer is yes to either question, bring your laptop for this interactive workshop. Participants will learn how to move from conceiving a topic to organizing writing to submitting a manuscript. Successful approaches to writing for a variety of formats (e.g., clinical report, research study, DNP project, presentation abstract) will be discussed. Questions about common grammar mistakes will be answered. Critical components that manuscript and abstract reviewers want to see will be revealed. Audience polling and other activities throughout the workshop will keep it lively!

5. 30 Shades of Gray: A Hands-On Experience with Performing and Interpreting OB Ultrasound
   NCC Code 3. 3.0 CE
   Jennifer Hawn, RDMS Ob/GYN, MSN, WHNP-BC
   This workshop will provide an opportunity for hands-on learning experience and performance of OB ultrasound with OB ultrasound simulation. The speaker will offer pearls for performing and interpreting OB ultrasound and discuss safety concerns.
   Additional fee for workshop

6. Nexplanon
   Non-CE
   During the Clinical Training Program for Nexplanon, participants will receive hands-on training for insertion and removal procedures and for implant localization techniques. Completion of this course will allow participants to order the product from authorized distributors. This session, sponsored by Merck, does not provide CE credit. The training is open only to MDs/DOs, NPs, PAs, CNMs, and residents authorized to perform the procedures entailed in the insertion and removal of Nexplanon in the jurisdiction where they practice. It is Merck’s policy to verify all clinicians’ practice, license, and eligibility information in advance of the training. Merck will contact participants directly if a problem is noted. Participants are expected to attend the entire training session, which is approximately 3 hours long. Certificates of attendance will not be issued to anyone arriving late or leaving early. This workshop is sponsored by Merck.

7. New Technologies in Cervical Cancer: Challenges and Opportunities
   Non-CE
   Mary Rubin, PhD, WHNP-BC, FAANP
   The speaker discusses new technologies available for vulvar and cervical screening, including mobile colposcopes, telescoposcopy, artificial intelligence as applied to colposcopy, and the future of colposcopy. The session includes a 60-minute, hands-on workshop with a portable, easy-to-use Internet-connected, FDA-cleared colposcope and a new type of soft brush for collecting biopsy specimens. This workshop is sponsored by Mobile ODT and Histologics.
   Limited to 50 registered attendees

12:00pm
Adjourn

“I was very impressed with this conference in terms of topics and evidence-based information. Incredibly professional and well run.”
**REGISTRATION INFORMATION**

**PRE-CONFERENCE REGISTRATION FEES**
- Conference Participant: $250
- Non-Conference Participant: $275
- Student: $150

**MAIN CONFERENCE REGISTRATION FEES**
- **Active Member**
  - Early Registration (must be postmarked by 9/6/19): $510
  - Regular Registration (must be postmarked by 9/27/19): $560
  - Late Registration (postmarked after 9/27/19): $580
  - Student (must submit a copy of school ID with registration): $295
  - Non-Member (includes 1-year NPWH membership): $625

- **Partial Attendance**
  - Active Member (per day): $335
  - Non-Member (per day, price does not include membership): $385
  - Non-Member/Inactive (per day, price includes 1-year NPWH membership): $435

Registration fees include all eligible meal functions, a CE Certificate of Attendance, and access to the NPWH E-Learning Portal for the recorded Pre-Conference and Main Conference sessions.

**WORKSHOP FEES (Workshops 1, 2, 3, and 5 Only)**
- Conference Participant: $100
- Student: $75

**CONFERENCE ADD-ONS**
- Zumba: $20
- Yoga: $25

**WORKSHOP AND BREAKOUT SESSION REGISTRATION**
Workshops and breakout session assignments are made on a first-come, first-served basis, and are subject to change or to be closed due to room capacity. In order to ensure that you are able to attend the sessions that interest you most, we highly recommend that you register as early as possible.

**IMPORTANT MESSAGE REGARDING SYMPOSIA ATTENDANCE**
If you have signed up to attend any breakfast, lunch, and/or dinner symposia but find that you cannot attend for any reason, please contact the NPWH Office in a timely manner to cancel your reservation.

**HOW TO GET EMPLOYER SUPPORT**
Conference attendees may consider trying to obtain employer support in covering all or part of the conference fees. This event is an ideal opportunity to stay up to date in the field of women’s healthcare, to gain continuing education credit while doing so, and to network with women’s healthcare practitioners from all over the country. The knowledge and skills gained at the conference can then be applied to patient care and to the organization of the practice or healthcare facility, which benefits not only the attendee but the employer as well.

"Excellent conference. I always gain so much at the NPWH conferences."
Ted Anderson, MD, PhD, FACOG, FACS
Vice Chair for Clinical Affairs & Quality
Vanderbilt University Medical Center
Nashville, Tennessee

Sharon Baker, BSN, MSN, CWHPN
President and Founder
The Women's Information Network, Inc.
Rom, Georgia

Melanie Balestra, JD, NP, MN
Nurse Practitioner/Attorney
Law Offices of Melanie Balestra
Newport Beach, California

Lynne T. Braun, PhD, CNP, FAHA, FAANP, FPCNA, FNLA, FAAN
Professor of Nursing and Medicine, Nurse Practitioner
Rush University, Rush University Medical Center
Chicago, Illinois

Patty Cason, MS, FNP-BC
Assistant Clinical Professor UCLA School of Nursing
Envision SRH
Los Angeles, California

Kim Choma, DNP, WHNP-BC
Consultant
Scott Plains, New Jersey

Caroline Gianfranco, BSN, RN
Third Party Nurse Coordinator, Center for Collaborative Reproduction
Fertility Centers of Illinois
Chicago, Illinois

Stephanie Delkoski, DNP, APRN, WHNP-BC
Clinical Assistant Professor
University of Minnesota, School of Nursing
Minneapolis, Minnesota

Alta DeRoo, MD
Addiction Medicine Specialist, OB/GYN
Culpeper, Virginia

Diana Drake, DNP, MSN, APRN, WHNP-BC
Clinical Associate Professor
University of Minnesota School of Nursing
Minneapolis, Minnesota

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“[I] loved the conference and being around other amazing WHNPs!”
HOTEL RESERVATIONS
The official hotel of the 22nd annual conference is The Westin Savannah Harbor Golf Resort & Spa, located at One Resort Drive, Savannah, GA 31421. The telephone number is 912-201-2000. The discounted conference room rate (single/double) is $249, plus all applicable taxes. Complimentary Wi-Fi is included in the room rate and the Resort Fee is waived. The discount rate is based on availability. To make a reservation, please call 800-937-8461 and mention the National Association of Nurse Practitioners in Women’s Health or book your room online at http://bit.ly/NPWH2019Hotel. The discounted rate is subject to availability after the September 20, 2019 cut-off date.

Parking at the hotel is currently $30/day for valet parking (tax not included). Self-parking is $18/day (tax not included).

IMPORTANT HOTEL CANCELLATION INFORMATION
For each reservation cancelled after September 13, 2019, a non-refundable one-night room fee and tax will be charged to the credit card on file. Guests who check out early (and prior to the reserved check-out date) will be assessed one full night’s room charge, plus applicable taxes.

GROUND TRANSPORTATION
Attendees can take a cab from the airport (SAV) to the hotel for approximately $37 (not including gratuity). A cab ride takes 20-25 minutes from the airport to the hotel, depending on traffic. The airport also offers ride-sharing services (e.g., Uber, Lyft).

CLIMATE AND WARDROBE CONSIDERATIONS
Business casual is the accepted attire during conference activities. Sweaters and light jackets are recommended for cool meeting rooms and evenings.

CREDIT INFORMATION
This conference has been evaluated and approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women’s Health. The preconference has been approved for up to 75 contact hours, including 1 hour of pharmacology. The main conference has been approved for up to 13.5 contact hours, including 7.5 hours of pharmacology. The complimentary symposium has been approved for up to 1.5 contact hours, including 0.5 hours of pharmacology. The optional workshops are approved for up to 4 contact hours, including 4 hours of pharmacology.

Participants should only claim credits for sessions actually attended.

The American Midwifery Certification Board accepts NPWH continuing education credit for midwives.

“I had a wonderful time! I learned so much and I can’t wait to take back what I learned this week to my practice.”

2019 PLANNING COMMITTEE

Sharon Baker, BSN, MN, CWHNP
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REGISTRATION FORM

(Please Print)

Name ________________________________________________________________ Credentials ___________________________________________________________

Address ___________________________________________________________________________________________________________________

City __________________________________________ State __________ Zip ________________

Phone (___) ___________ Work (___) ___________ Home (___) ___________ Fax (___) ___________

Email ________________________________________________________________

Please indicate if you have any of the following dietary restrictions/food allergies: Vegetarian □  Gluten Free □  Nut Allergy □

NPWH Member? Yes ___ Expiration Date ___________ No ___

Area of NP Preparation ________________________________________________ Last 4 Digits of SS# ____________________________

Do you work in an OB/GYN practice? Yes ___ No ___ Do you work in Primary Care practice? Yes ___ No ___ Other __________________________

By checking this box, you agree to let NPWH provide your email to exhibitors through a lead retrieval system. Your email will only be provided if you allow the exhibitors to scan your badge.

REGISTRATION FEES

Pre-Conference Registration Fees

√ Conference Participant $250

√ Attending Pre-Conference Only $275

√ Student (Please submit copy of school ID) $150

Main Conference Registration Fees

√ Active Member $510

√ Student $295

(Includes 1-year NPWH membership & must submit a copy of school ID with registration form)

√ Non-Member/Inactive $560

√ Non-Member/Inactive (includes 1-year NPWH membership) $580

$295

Partial Attendance (Fees are Per Day)

√ Active Member $335

√ Non-Member/Inactive (price does NOT include membership) $385

√ Non-Member/Inactive (includes 1-year NPWH membership) $435

Workshop Fees

Workshops are open to Main Conference attendees — those registered for BOTH Thursday and Friday sessions — ONLY

√ Conference Participant (Workshops 1, 2, 3, and 5 only) $100

√ Student (Workshops 1, 2, 3, and 5 only) $75

Conference Add-Ons

√ Yoga: Friday, October 18, 2019, at 6:00am-7:00am $20

√ Zumba: Thursday, October 17, 2019, at 6:00am-7:00am $25

TOTAL AMOUNT PAID $ __________

Please continue to next column to select Symposia/Workshops that you wish to attend.

METHOD OF PAYMENT (Please Print)

□ U.S. Check or Money Order Enclosed (made payable to NPWH Conference)

□ VISA □ MasterCard □ Discover □ American Express

Card Number ________________________________________ Exp. Date __________ CVV ______

Card Holder Name ___________________________ Phone Number __________________________

Billing Address __________________________________________________________________________

Card Holder Signature __________________________

Email Address for Receipt (if different from above) __________________________________________

In order to attend the Dinner/Lunch/Breakfast Symposia, you must make your selection below. Symposia are assigned on a first-come, first-served basis and are set at a limited capacity.

__ Yes, I will attend the Dinner Symposium on Wednesday, October 16, 2019.

__ Yes, I will attend the Lunch Symposium on Thursday, October 17, 2019.

__ Yes, I will attend the Dinner Symposium on Thursday, October 17, 2019.

__ Yes, I will attend the Product Theater Breakfast on Saturday, October 19, 2019.

BREAKOUT SESSIONS

Friday, October 18, 2019

Please provide your 1st, 2nd, 3rd, 4th, and 5th choices for each time slot. If choices are not indicated, they will be randomly selected for you. Breakout sessions are assigned on a first-come, first-served basis and are set at a limited capacity.

8:00am — 9:15am

A_________________________ B_________________________ C_________________________

D_________________________ E_________________________ F_________________________

9:25am — 10:40am

G_________________________ H_________________________ I_________________________

J_________________________ K_________________________ L_________________________

10:50am — 12:05pm

M_________________________ N_________________________ O________________________

P_________________________ Q_________________________ R________________________

12:50pm — 2:05pm

S_________________________ T_________________________ U_________________________

V_________________________ W_________________________ X_________________________

2:55pm — 4:05pm

Y_________________________ Z_________________________ AA_____________________

BB______________________ CC______________________ DD______________________

Workshops

Saturday, October 19, 2019 (9:00am — 12:00pm)

Workshops are open to Main Conference attendees — those registered for BOTH Thursday and Friday sessions — ONLY. Workshops 1, 2, 3, and 5 incur an additional fee.

The fee for Workshop 4 is included in the Main Conference registration fee. Workshops 6 and 7 are supported by industry and are non-CE. If you wish to attend a workshop, please select one workshop below. Limited workshops will be filled on a first-come, first-served basis. (All workshops are subject to change or to be closed due to room capacity.)

__ 1 Office Gynecology Procedures (Limited to 100 registered attendees): $100 for conference attendees, $75 for students

__ 2 Intrauterine Contraception — Pearls for Success (Limited to 50 registered attendees): $100 for conference attendees, $75 for students

__ 3 ASAM Treatment of Opioid Use Disorders Course: $100 for conference attendees, $75 for students

__ 4 Writing for Publications: No fee

__ 5 Sonogram Best Practices: $100 for conference attendees, $75 for students

__ 6 Nexplanon (Limited to 30 registered attendees): Supported by Merck; Non-CE, No fee

__ 7 New Technologies in Cervical Cancer: Challenges and Opportunities (Limited to 50 registered attendees): Supported by Mobile ODT and Histologics; Non-CE, No fee

Please COMPLETE ENTIRE APPLICATION AND MAIL OR FAX TO:

NPWH – Conference Registration

Attn: Carol Wiley

505 C Street, NE. Washington, DC 20002

Fax: (202) 543-9858 (credit card payments only)

Register online at www.npwh.org

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SAVE THE DATE!

23rd Annual NPWH Premier Women’s Healthcare Conference

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